



Novice Swimming Competition

TEOFILO YLDEFONSO SWIMMING POOL, RIZAL
MEMORIAL SPORTS COMPLEX, MALATE, MANILA

JUNE 12, 2025





PHILIPPINE AQUATICS NOVICE SWIM MEET

It is understood and agreed that Philippine Aquatics Inc. shall be free from any liabilities or claim for damages arising by reason of injuries to anyone during the conduct of the event.

MEET INFORMATION

HOST	: PHILIPPINE AQUATICS INC.
DATE	: June 12, 2025 (Thursday)
VENUE	: Teofilo Yldefonso Swim Pool Rizal Memorial Sports Complex P. Ocampo St., Malate, Metro Manila
FACILITIES	: 25 Meter / 10 Lanes Outdoor Pool Warm-Down Pool Shower Rooms Automatic Timing System
TIME	: Warm-up : 6:00 am - 8:10 am Coaches' Meeting: 8:10 am - 8:30 am Start of Meet : 8:30 am
AGE CATEGORY	: 6 & under, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 18 yrs. old & over
MEET FORMAT	: Timed Finals
AGE OF RECKONING	: Age as of December 31, 2025
TECHNICAL RULES	: World Aquatics and Philippine Aquatics Inc. rules apply.
ENTRIES	: Submit entries on Official Entry Forms or TM entries. Entries not submitted on Official Entry Forms or TM entries will be rejected. Email entries to:

coachrichardluna@gmail.com
cc : ricpolo12@yahoo.com

Please make sure your entries are received and confirmed. Text or call # 0998 852 3457.





ENTRY FEE : P 1,250.00/paid swimmer

COACHES' INCENTIVE : P250.00/paid swimmer

A. AWARD

A.1. Medals for the 1st, 2nd and 3rd placers.

A.2. Trophies for the Most Outstanding Swimmers in each Age Band will be based on individual points. Should a DOUBLE/TRIPLE OR ANY OTHER TIE occurs, it shall be resolved in the following manner:

A.2.1. By the number of GOLD MEDALS achieved.

A.2.2. By the number of SILVER MEDALS achieved.

A.2.3. By the number of BRONZE MEDALS achieved.

A.2.4. By the next highest placing achieved.

A.2.5. Should ANY TIE NOT BE RESOLVED using rules A.2.1, A.2.2, A.2.3 and A.2.4, CO-MVP-swimmer shall be awarded to both swimmers.

A.3. Team Trophies for the Over-All Champion, 1st Runner-Up and 2nd Runner-Up will be awarded separately based points and medal standing. Should a DOUBLE/TRIPLE OR ANY OTHER TIE occurs, it shall be resolved in the following manner:

A.3.1. By the number of GOLD MEDALS earned in the Championship

A.3.2. By the number of SILVER MEDALS earned in the Championship

A.3.3. By the number of BRONZE MEDALS earned in the Championship

A.3.4. Should ANY TIE NOT BE RESOLVED using rules A.3.1, A.3.2 and A.3.3, CO-Team Champion or placing shall be awarded to both teams.

POINT SYSTEM

Individual Events

Placing	1 st	2 nd	3 rd	4 th	5 th	6 th	7 th	8 th
Points	30	21	18	15	12	9	6	3

Relay Events

Placing	1 st	2 nd	3 rd	4 th	5 th	6 th	7 th	8 th
Points	40	28	24	20	16	12	8	4





PROTEST

Protest must be lodged in writing addressed to the Referee within 30 minutes from the time the alleged infraction was committed with a Protest Fee of P10,000.00.

A Jury will be composed of five (5) coaches whose swimmers are not included in the infringed events.

In case that the protest is upheld, the protest fee will be returned, otherwise protest fee will be forfeited in favor of the organizer.

MEET GUIDELINES

1. Open to all novice swimmers who have not participated in any swimming competition. Swimmer categorized as novice swimmers from the novice competition they participated in from June 2025 onwards will be allowed to participate.
2. Deadline for the submission of entries is on June 3, 2025 5:00 PM. Entry list will be sent back to Coaches by June 7, 2025 for review & corrections.
3. All Public Elementary and High School students will be charged less 20% discount of the entry fees provided the swimmer submits the following; School Registrar's Certificate with Official seal and 2x2 student photo attached on it and/or Official School ID card with photo attached on it. NO other school forms will be accepted, otherwise the student shall pay the full amount of the Entry Fee.
4. Coaches are required to submit names and school of public school students on a separate entry sheet.
5. Deadline for the submission of scratches is at 10:00 A.M. of June 1, 2025, otherwise all scratches made thereafter shall be charged the full Entry Fee.
6. No late individual and relay entries will be accepted after the deadline.
7. Swimmer will swim in mixed age band and results will be sorted according to age band.
8. No other stopwatch shall be entertained other than the official stopwatches being used by the deck officials in case of an automatic timing system malfunctions. No video camera, cell phone or any other video shall be entertained during the meet.
9. The Organizer reserves the right to decline entries if the need arises on or before the set deadline of submission of entries.
10. Your teams' participation shall mean that you have fully read, understood and shall follow ALL rules and regulations indicated herein.
11. Food at low prices will be made available in the swimming pool complex.
12. The decision shall rest with the Organizing Committee should there be matters of concern not indicated herein.
13. Much gratitude for your participation, cooperation and continuing patronage all these years. Let's all enjoy the game. Thank you and Good Luck!!!





ORDER OF EVENTS					
SATURDAY		COMBINED AGE BAND		SATURDAY	
EVENT NO.	GENDER	AGE GROUPING	EVENT	GENDER	EVENT NO.
1	Girls	11 years old and over	50 M Freestyle	Boys	2
3	Girls	10 years old and under	50 M Freestyle	Boys	4
5	Girls	11 years old and over	25 M Butterfly	Boys	6
7	Girls	10 years old and under	25 M Butterfly	Boys	8
9	Girls	11 years old and over	25 M Backstroke	Boys	10
11	Girls	10 years old and under	25 M Backstroke	Boys	12
13	Girls	11 years old and over	25 M Breaststroke	Boys	14
15	Girls	10 years old and under	25 M Breaststroke	Boys	16
17	Girls	11 years old and over	25 M Freestyle	Boys	18
19	Girls	10 years old and under	25 M Freestyle	Boys	20
21	Girls	Open	4x25 M Medley Relay	Boys	22
23	Girls	Open	4x25 M Freestyle Relay	Boys	24
AWARDING					

- **Lunch break will be announced during the coaches' meeting**





S W I M M I N G WARM-UP GUIDELINES

All lanes in the Competition Pool are CIRCLE SWIMMING ONLY, until 7:15 A.M. when the competition pool converts to the following diagram.

TURNING END

9	8	7	6	5	4	3	2	1	0
		Circle Only	Circle Only	Circle Only	Circle Only	25m Pace Lane Only			
Walk Back To start	Walk Back To start						Walk Back To start	Walk Back To start	Walk Back To start
15m Dive Sprint Only	15m Dive Sprint Only	Circle Only	Circle Only	Circle Only	Circle Only	25m Pace Lane Only	25m Dive Sprint Lane	25m Dive Sprint Lane	25m Dive Sprint Lane
9	8	7	6	5	4	3	2	1	0

COMPETITION POOL START / FINISH END

Competition pool:

There is NO DIVING AT ALL until 7:15 A.M., then diving is only allowed in those lanes marked to do so.

Lanes 0 & 9 will be open as sprint lanes at or before 7:00 A.M.

There is NO DIVING IN CIRCLE SWIMMING LANES AND TURN PRACTICE LANES, entry to these lanes is to be feet first, from a sitting position.

Paddles are not allowed during warm up.



