



OPEN WATER SWIMMING TRYOUTS 2025

for the 33rd South East Asian Games 2025

MEDICAL WAIVER & LIABILITY RELEASE FORM

I, _____ the undersigned, acknowledge that participating in the **Philippine Aquatics Open Water Swimming Tryouts (10KM)** involves physical exertion and potential risks, including but not limited to: fatigue, dehydration, weather conditions, water currents, and collisions.

I confirm that:

- I am in good health and have passed a recent medical examination.
- I voluntarily participate at my own risk.
- I have disclosed any relevant medical conditions to the event organizer.
- I understand and accept all risks associated with open water swimming.

I hereby release and discharge **Philippine Aquatics, Inc.**, its officers, staff, volunteers, and partners from any and all liabilities, claims, or causes of action arising out of any injury, illness, loss, or damage that may result from my participation.

I agree to follow all race rules and instructions from the event staff, and understand that non-compliance may result in disqualification or removal from the course for my own safety.

Participant Name: _____

Signature: _____

Date: _____

Emergency Contact Name & Number: _____