



**SMART-PHILIPPINE AQUATICS NATIONAL TRYOUT 2026
for the
20th ASIAN GAMES AICHI, NAGOYA JAPAN 2026
SWIMMING CHAMPIONSHIP**

It is understood and agreed that Philippine Aquatics shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Technical Guide and Information Kit

1. Competition Information

1.1 Competition: **Philippine Aquatics National Tryout 2026 for the 20th ASIAN GAMES AICHI, NAGOYA, JAPAN 2026 Swimming Championship**

1.2 Dates: June 19 - 21, 2026

1.3 Venue: Rizal Memorial Sports Complex
Teofilo Idefonso Swimming Stadium

1.4 Competition Format: Timed Finals

Sessions/Day/Time:

<u>Session</u>	<u>Day</u>	<u>Start Time</u>	<u>Warm-up</u>
1	Friday	8:00am	6:00 AM
2	Saturday	8:00am	6:00 AM
3	Sunday	8:00am	6:00 AM

1.5 Age Category:

Open

1.6 Awards:

- 1.6.1 Medals shall be awarded to the top 3 finishers
- 1.6.2 Trophies for the Most Outstanding Swimmers will be based on individual points achieved.
- 1.6.3 Should a DOUBLE/TRIPLE OR ANY OTHER TIE occurs, it shall be resolved in the following manner:
 - 1.6.3.1 By the number of GOLD MEDALS earned
 - 1.6.3.2 By the number of SILVER MEDALS earned
 - 1.6.3.3 By the number of BRONZE MEDALS earned
 - 1.6.3.4 By the next highest placing earned
 - 1.6.3.5 Should ANY TIE NOT BE RESOLVED using rules 1.5.3.1 to 1.5.3.4, CO-MVP-swimmer shall be awarded to both swimmers.

1.7 Points:

Individual Events

Placing	1st	2nd	3rd	4th	5th	6th	7th	8th
Points	30	21	18	15	12	9	6	3



1.5 Eligibility

- 1.5.1 Open to all PAI member swimmers aged 11 and Above years old, and teams interested in joining.

2. General Rules

- 2.1 SMART-Philippine Aquatics National Tryout 2026 for the 20th ASIAN GAMES AICHI, NAGOYA, JAPAN 2026 Swimming Championship Qualifying shall be conducted under the Rules and Regulations of Philippine Aquatics and World Aquatics (WA) as prescribed.
- 2.2 Participation is open to all swimmers and teams interested in joining. All Public Elementary and High School students are provided a 20% discount on the entry fees, but must submit the following: School Registrar's Certificate with Official seal and 2x2 student photo attached to it, and/or Official School ID card with photo attached to it. NO other school forms will be accepted; the student shall pay the full amount of the Entry Fee.
- 2.3 Swimmers are allowed to swim all events. For events 400 meter IM, 400, 800 & 1500 meter Freestyle, we will only limit participation to the top 50 swimmers based on verifiable submitted seed times achieved in the a 50 meter Long Course swim pool. Non verifiable times will be rejected. Kindly indicate remarks of the entry form which meet and date the seed times were achieved.
- 2.4 This competition will serve as a qualifying competition for the 20th ASIAN GAMES AICHI, NAGOYA, Japan and other International competition deemed necessary. Results will be consolidated and qualifiers will be nominated by the Selection Committee. A swimmer must achieve the 3rd Place finish time from the 33rd SEA Games in Thailand and must be from the top 2 best places in each event of the qualifying competition. In case of a tie in the official time in 2nd place, both swimmers will reswim for the slot contested. 20th ASIAN GAMES AICHI, NAGOYA 2026 rules only allow 2 swimmers per country in each event.
- 2.5 Swimmers who qualify will be part of the new members of the National Swimming Team.
- 2.6 The Organizer reserves the right to decline entries if the need arises on or before the set deadline of submission of entries
- 2.7 The decision shall rest with the Organizing Committee should there be matters of concern not indicated herein.
- 2.8 **Entry Fees**
- 2.4.1. Registration entry fee is **Two Thousand Eight Hundred Pesos (P2,800.00)** per swimmer entered.
- 2.4.2. **Late or incomplete entries will not be accepted**
- 2.4.3 Make payments at the venue.
- 2.9 Age of Reckoning
- 2.5.1 Age as of 31 December 2026
- 2.10 Protests
- 2.10.1 Protests are possible
- 2.6.1.1 If the rules and regulations for the conduct of the National Tryout are not observed,
- 2.6.1.2 If other conditions endanger the event and/or competitors, or
- 2.6.1.3 Against decisions of the Referee; however no protests shall be allowed against Decisions of fact.
- 2.10.2 Protests must be submitted:
- 2.6.2.1 To the Referee;
- 2.6.2.2 In writing;
- 2.6.2.3 By the Team Coach only;
- 2.6.2.4 Together with a deposit of P 15,000.00; and
- 2.6.2.5 Within 30 minutes following the conclusion of the respective event.
- 2.8.2.6 If conditions causing a potential protest are noted prior to the competition, a protest must be lodged before the signal to start is given.
- 2.10.3 The Referee shall consider all protests. If he rejects the protest, he must state the reason for his decision. The Team Coach may then officially appeal the rejection to the Jury of Appeals whose decision shall be final.



2.10.4 If the protest is rejected, the deposit will be forfeited to PAI. If a protest is upheld, the deposit will be returned.

2.11 Scratches

2.9.1 "DID NOT SWIM" (DNS) swimmers that are not scratched by their coach in an event at the day of competition will not be permitted to swim in subsequent events in that session.

2.9.2 An administrative fee of P 500.00 per event shall be imposed for each competitor who is scratched by the coach or did not swim in any of their event during the competition.

2.9.3 Coaches must present scratches to the Control Room Supervisor sixty (60) minutes prior to the start of each session.

2.9.4 The fee will only be waived upon submission of a valid medical certificate.

3. Order of Events

ORDER OF EVENTS

BOYS	QTS	DAY1	QTS	GIRLS
101	50.02	100 FREESTYLE	55.60	102
103	2:15.56	200 M BREASTSTROKE	2:32.50	104
105	25.49	50 M BACKSTROKE	28.84	106
107	2:02.60	200 M BUTTERFLY	2:13.88	108
109	15:28.46	1500 M FREESTYLE	17:18.89	110
BOYS	QTS	DAY2	QTS	GIRLS
201	1:50.43	200 M FREESTYLE	2:02.71	202
203	23.97	50 M BUTTERFLY	26.96	204
205	56.04	100 M BACKSTROKE	1:02.60	206
207	2:04.19	200 M INDIVIDUAL MEDLEY	2:16.66	208
209	28.02	50 M BREASTSTROKE	31.71	210
211	8:07.17	800 M FREESTYLE	8:52.17	212
BOYS	QTS	DAY3	QTS	GIRLS
301	1:02.35	100 M BREASTSTROKE	1:10.40	302
303	22.48	50 M FREESTYLE	25.38	304
305	4:25.98	400 M INDIVIDUAL MEDLEY	4:47.62	306
307	2:02.89	200 M BACKSTROKE	2:16.39	308
309	53.32	100 M BUTTERFLY	1:01.57	310
311	3:53.50	400 M FREESTYLE	4:17.39	312



4. Entry Regulations

- 4.1 All entries must be submitted in accordance with these Rules and Regulations.
- 4.2 Each swimmer must be registered in the Entry Form, as per attached. Entries with NO TIME (NT) will be rejected. Times in the 400 meter IM, 400, 800 and 1500 meter Freestyle must be verifiable and must have been achieved in a 50 meter Long Course swim pool. Kindly indicate in the remarks in which competition and date submitted seed time was achieved. Times which are unverifiable will be rejected.
- 4.3 Entry times must be achieved in competitions from July 2025 up to the present.
- 4.4 Team Coaches shall submit the consolidated entry form for their team, as per attached.
- 4.5 Deadline for the submission of scratches is on June 17, 2026 at 10:00 am., otherwise all scratches made thereafter shall be charged the full Entry Fee.
- 4.6 Late entries may be processed until June 15, 2026 if accompanied by a late processing fee of P3,000.00 per team, regardless of how many late entries are submitted by a coach/team.
- 4.7 Entries must be submitted on or before June 13, 2026 by 5:00 PM.

Submit entries on Official Entry Forms or TM entries. Entries not submitted on Official Entry Forms or TM entries will be rejected. Email entries to:

acosico@yahoo.com
Cc: ador.zeus@yahoo.com

Please make sure your entries are received and confirmed. Text or call # 09089667113.

5. Warm Up

- 5.1 The pools will be open for swimmers' warm-up at least two hours before each session of competition.
- 5.2 Use of swim paddles during warm-up is prohibited.
- 5.3 Specific lanes will be designated for General warm-up and/or sprint and pace training.
- 5.4 Swimmers must clear the pool 15 minutes before the start of the meet.
- 5.5 Dive Sprint lanes are one-way only. Swimmers should clear the lanes immediately and walk back. Swimmers are advised to exercise caution when diving and backstroke starts.



WARM UP GUIDELINES

All lanes in the Competition Pool are CIRCLE SWIMMING ONLY, until 6:50 A.M.

9	8	7	6	5	4	3	2	1	0
25m	25m	25m	Circle	Circle	Circle	50m	15m	15m	15m
Dive Sprint Lane	Dive Sprint Lane	Dive Sprint Lane	Only	Only	Only	Pace Lane Only	Dive Sprint Only	Dive Sprint Only	Dive Sprint Lane
Walk	Walk	Walk					Walk	Walk	Walk
Back	Back	Back					Back	Back	Back
To	To	To					To	To	To
start	start	start					start	start	start
15m	15m	15m	Circle	Circle	Circle	50m	25m	25m	25m
Dive Sprint Only	Dive Sprint Only	Dive Sprint Only	Only	Only	Only	Pace Lane Only	Dive Sprint Lane	Dive Sprint Lane	Dive Sprint Lane
9	8	7	6	5	4	3	2	1	0

when the competition pool converts to the following diagram.

TURNING END COMPETITION POOL START / FINISH END

6. Coaches Meeting

6.1 There will be a coaches meeting 15 minutes before the start of the meet. Coaches are required to join the meeting so they may be updated and briefed on any timeline or changes at the meet.



Criteria for Selection

1. The SMART - Philippine Aquatics National Tryout 2026 shall be the qualifying meet for the 20th ASIAN GAMES 2026 Swimming Championship at AICHI, NAGOYA, JAPAN.
2. Overseas-based swimmers who wish to be considered for selection to the team must compete in the Philippine Aquatics National Tryout 2026
3. Selection Priority:
 - 4.1. Only the fastest 2 swimmers in each event who were able to achieve the 3RD place finish time in the last 33rd SEA GAMES THAILAND 2025 results will be considered.
4. Swimmers must be Filipino citizens and must have a Philippine Passport to be considered.
5. Qualified swimmers will be part of the new members of the National Swimming Team.
6. The decision of the Selection Committee shall be final.
7. Swimmers who won individual medals at the recent 33rd Southeast Asian Games held in Thailand have secured initial qualification for the 20th Asian Games in Nagoya, Japan.

The final lineup will be determined based on results from the PAI National Tryouts, scheduled from June 19 to 21, 2026, following these guidelines:

1. Should any athlete record a faster official time during the tryouts, the currently qualified swimmer will be relegated to the second position.
 2. If another athlete achieves a time faster than both the first and second-ranked swimmers, the third-ranked qualified swimmer will forfeit their spot in the official Asian Games delegation.
8. All qualified swimmers must be a PAI Member.

